

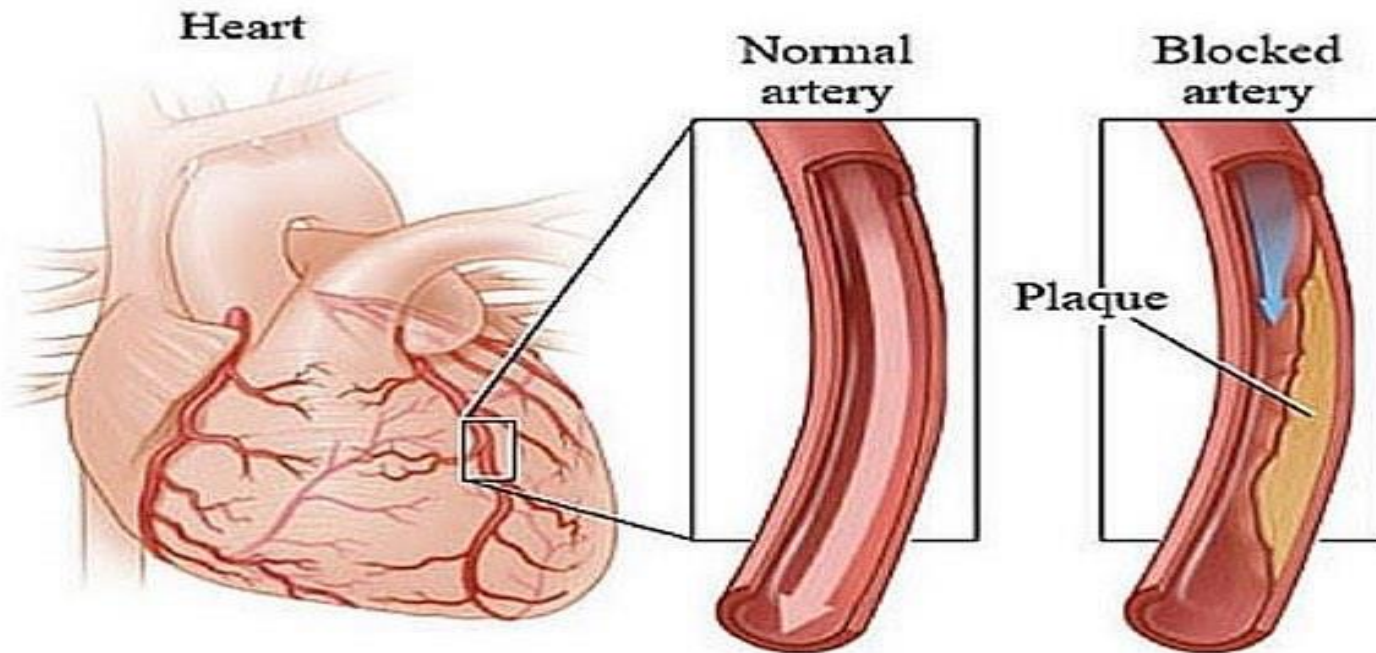


# PLAC™ Test

WHEN PLAQUE ATTACKS!!

Fawaz Alenazy  
Erika Bain  
Vivian Randolph  
Avery Tibbs

# KEEP MAKING THOSE BACON JOKES



**...WHILE YOU STILL CAN!**

# WHAT IS THE PLAC™ TEST

- Test cleared by the FDA to predict hidden risks of CHD
- Manufactured by diaDexus, Inc.
- Used to measure the biomarker Lp-PLA<sub>2</sub>
  - Improve preventative
  - Reduce CHD-related mortality
- Two Versions of PLAC Test
  - PLAC ELISA Test
  - PLAC Activity Test



# PLAC<sup>TM</sup> TEST



# PRINCIPLES

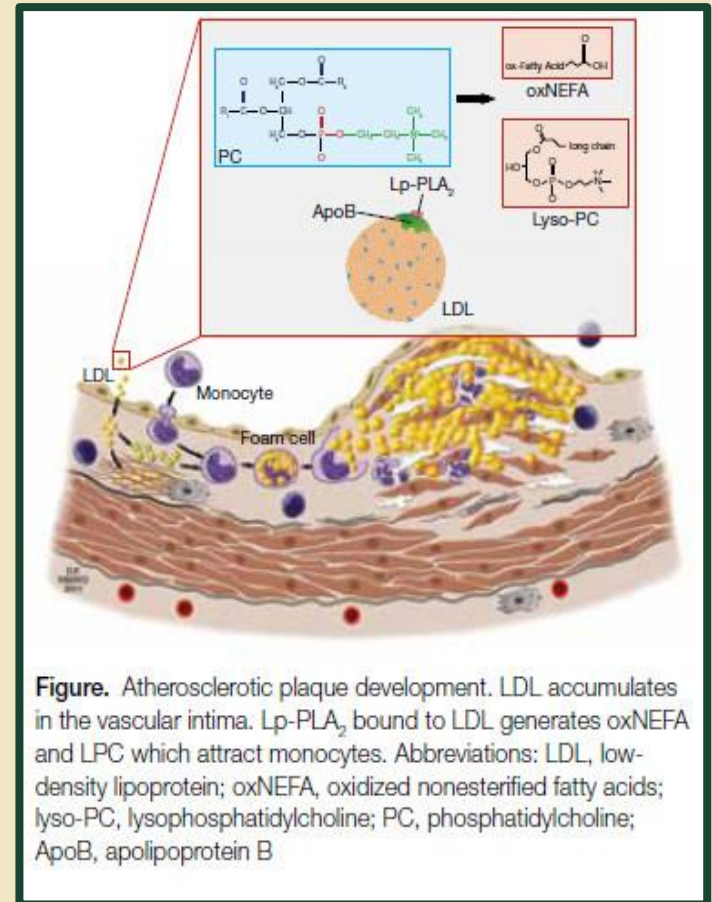
- Measures lipoprotein-associated phospholipase A<sub>2</sub> (Lp-PLA<sub>2</sub>)
- Lp-PLA<sub>2</sub> is independent of other cardiovascular risk factors
- Lp-PLA<sub>2</sub> is made in atherosclerotic plaque
  - Acts as a specific marker for inflammation
  - Directly involved in formation of rupture prone plaque
- Inexpensive, minimal risk, and convenient

# METHODS

- Sandwich immunoassay that uses two highly specific monoclonal antibodies
  - Directly measures concentration in serum and plasma
- Incubated with immobilized monoclonal antibody (2C10) against Lp-PLA<sub>2</sub>
  - 96 well microtiter plate
- Identified by a second monoclonal anti-Lp-PLA<sub>2</sub> antibody (4B4) labeled with horseradish peroxidase

# CLINICAL APPLICATIONS

- Lp-PLA<sub>2</sub> is the biomarker used to:
  - Identify persons at increased risk for CHD events
  - Predict novel risk of CHD in patients with no prior history of cardiovascular events
  - Obtain a prognostic value independent of standard lipid profile testing
  - Use in conjunction with clinical evaluation and patient risk assessment

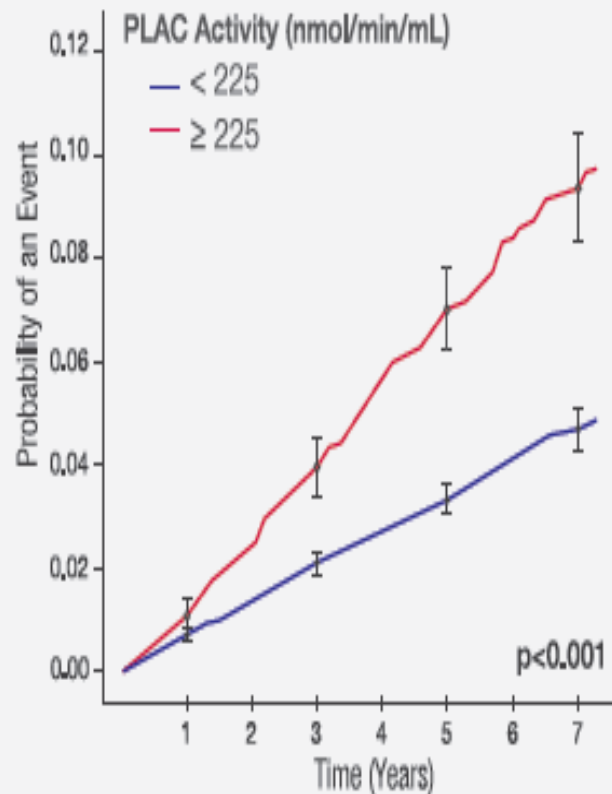


# RISK RANGES FOR Lp-PLA<sub>2</sub>

HIGH RISK	MODERATE RISK	LOW RISK
>235 ng/mL	200-235 ng/mL	<200 ng/mL
<ul style="list-style-type: none"><li>□ Therapeutic lifestyle changes</li><li>□ Plasma glucose &lt;110 mg/dL</li><li>□ Systolic bp &lt;120 mmHg and diastolic &lt;80 mmHg to reduce CV risk associated with hypertension</li><li>□ LDL &lt;100 mg/dL</li><li>□ Appropriate drug treatment</li></ul>	<ul style="list-style-type: none"><li>□ Evaluate other risk factors and consider more aggressive management if necessary</li><li>□ Consider therapeutic lifestyle changes</li></ul>	<ul style="list-style-type: none"><li>□ Encourage patients to maintain a healthy lifestyle</li><li>□ Continue to monitor as appropriate</li></ul>



## Total CHD Event Rates<sup>4</sup>



## PLAC Activity Prediction of CHD Events<sup>4</sup>

	p value
Composite of All Three CHD Events	< 0.001
Myocardial Infarction	< 0.001
Cardiac Revascularization	< 0.001
Cardiac Mortality	< 0.001

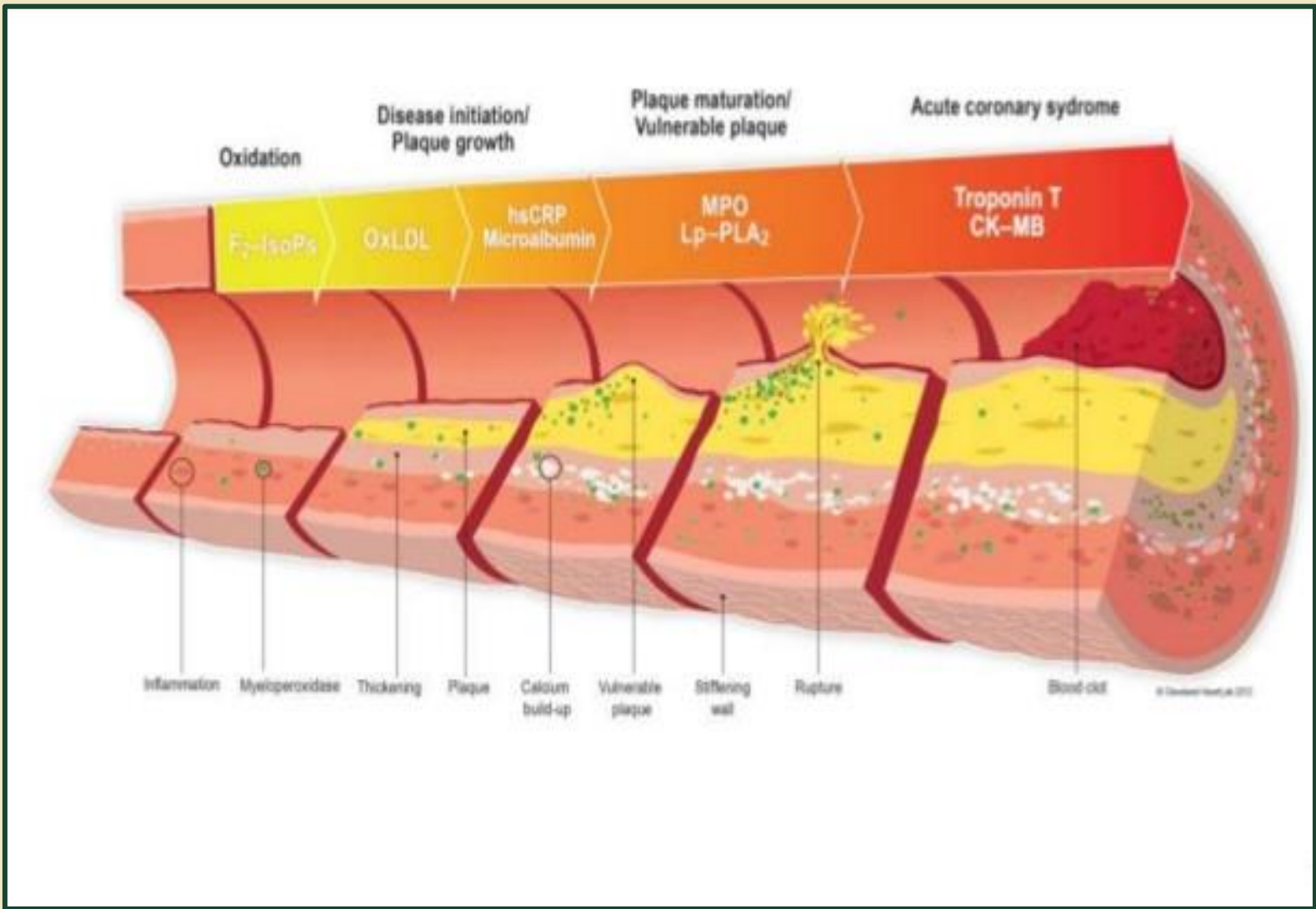
# PLAC ELISA vs PLAC ACTIVITY

## PLAC ELISA

- What is measured?
  - Lp-PLA<sub>2</sub> concentration
- Sample:
  - S or P
- FDA approval:
  - 2005
- Method:
  - Antigen-antibody interaction
- Interferences:
  - Lot variations
  - Sample stability

## PLAC Activity

- What is measured?
  - Lp-PLA<sub>2</sub> activity
- Sample:
  - S or P
- FDA approval:
  - 2014
- Method:
  - Colorimetric
- Interferences:
  - Less interferences



# PLAC<sup>TM</sup> TEST vs hs-CRP

## Lp-PLA<sub>2</sub>

- Marker of vascular inflammation
- An enzyme produced by inflammatory cells
- Involved in initiation of the early stage of vascular inflammation
- Minimal bio-variability
- Less affected by systemic inflammation

## hs-CRP

- Marker of systemic inflammation
- Acute phase reactant produced by liver in response to inflammation
- May enhance the late stage of plaque progression resulting in plaque instability
- Most useful in healthy people

# PLAC<sup>TM</sup> TEST ADVANTAGES

- The PLAC<sup>TM</sup> Test identifies individuals who are at an increased risk of a heart attack or stroke over traditional methods
- The PLAC<sup>TM</sup> Test is the only FDA-cleared blood test for assessing heart attack
- Non-invasive
- Less expensive
- Lp-PLA<sub>2</sub> is a direct measure of the status of the artery wall health unlike lipid levels

# PLAC™ TEST DISADVANTAGES

- Newer method that is understudied
- It is unknown how useful the test is in those individuals who receive various treatments and interventions
  - Type 2 diabetes
  - Hypertension
  - Coronary heart disease
- More studies are needed to assess how often the PLAC™ Test should be done
- The test should not replace traditional risk factors, but to be used in conjunction

# PLAC™ TEST CURRENT STATE

- Approved by the FDA
- Studies being done to confirm sensitivity and specificity
- Slowly being adopted in some labs
  - Not widespread
- Currently awaiting additional funding to continue research



# REFERENCES

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- "PLAC® Activity Test vs PLAC® Elisa Test - Placactivity.com." *PlacActivity*. N.p., n.d. Web. 9 Nov. 2016.



# QUESTIONS??

